

Minute Tracking Sheet



STUDENTS: Print your name and school information

Full Name: _____
 School: Crestwood School City: Toronto
 Teacher: _____ Grade: _____
 MS Read-A-Thon due date: Feb. 28/2022

YOU CAN HELP END MULTIPLE SCLEROSIS BY BEING PART OF THE MS READ-A-THON.

- Set your fundraising goal before reading
My fundraising goal is \$ _____
- Sign up to receive online donations through msreadathon.ca
- Start reading
- Track your minutes
- Add up your donations and write the total amount received
Total funds raised \$ _____
- Collect your prizes

Reading and fundraising is fun and easy with the MS Read-A-Thon online system. You can personalize your page and track your fundraising at msreadathon.ca!



The funds you raise during the MS Read-A-Thon help fund programs and research that can help make the lives of people living with MS better. One of those programs is MS Summer Camp: a place for kids and teens across Canada who live with MS to meet and enjoy a break from the stress associated with MS in a supportive environment where they feel understood.

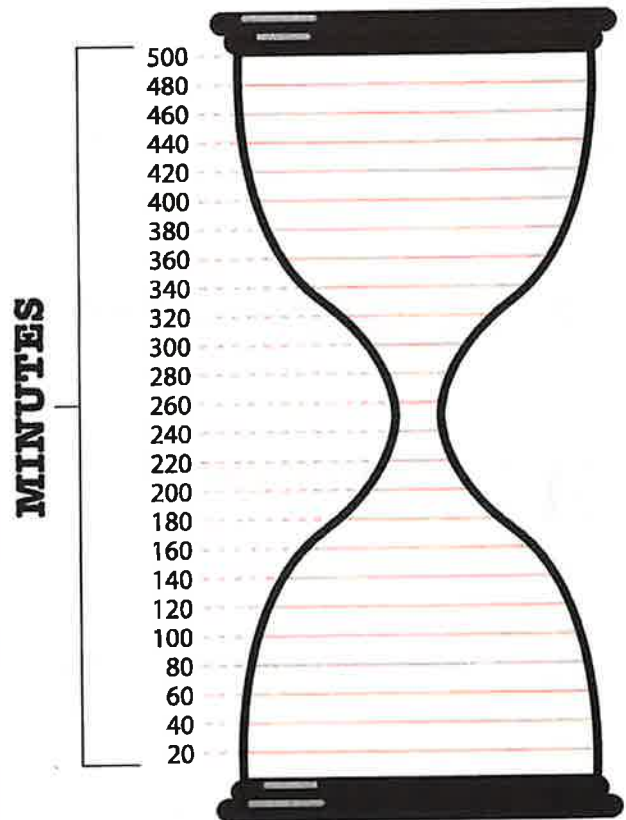


MINUTE TRACKER

Students: Keep track of the minutes you read by colouring in the hourglass.

My reading goal is: _____ **minutes**

Total number of minutes read: _____ **minutes**



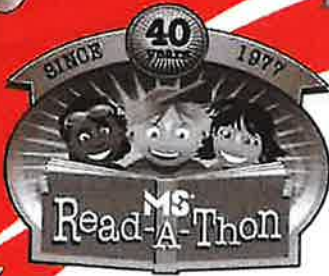
Visit msreadathon.ca



Proud Sponsor:



Message to Parents



To somebody whose parent has been recently diagnosed, the only words of advice that I would give is to just always be there. To make them your number one priority. Because without them you probably wouldn't be where you are today, and tomorrow they wouldn't be there without you.

Luke, mother diagnosed with MS

THANK YOU FOR HELPING TO END MS!

The MS Read-A-Thon program promotes love of reading, community spirit and social consciousness among Canadians. By participating in this program, you are giving hope to Canadians who live with MS and joining the fight to close the book on MS – Canada's disease.

MS FACTS:



Canada has the highest rate of MS in the world



Canadians as young as 2 have been diagnosed with MS



3:1 The diagnosis of MS in women compared to men



Canada leads the world in MS research



Up to 80% of Canadians with MS are unemployed

MS READ-A-THON: SIMPLE STEPS

- Visit msreadathon.ca with your child
- Help your child sign up online by finding his/her school team and clicking **Join**
- Direct your child to click **Access your Participant Centre** to set a fundraising goal and track his/her donations online.
- Your child can receive credit card donations securely through the online fundraising system. All cash and cheque donations should be submitted to your teacher along with the Minute Tracking Sheet and completed Pledge Sheet by the end of program.
- Learn more about multiple sclerosis and talk to your child about it. Visit msreadathon.ca for more information about MS.

If you have any questions or comments about MS Read-A-Thon, contact us:

MS READ-A-THON
Ontario: 1-800-268-7582 x 3191
Outside Ontario: 1-866-922-6065 x 3191
msreadathon.ca • rat@mssociety.ca